

Proview Interocular Pressure (IOP) Measurement Instructions

10/12/2003

Revised: 10/16/2004

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This document consists of selective copies of the brochure which came with the instrument.

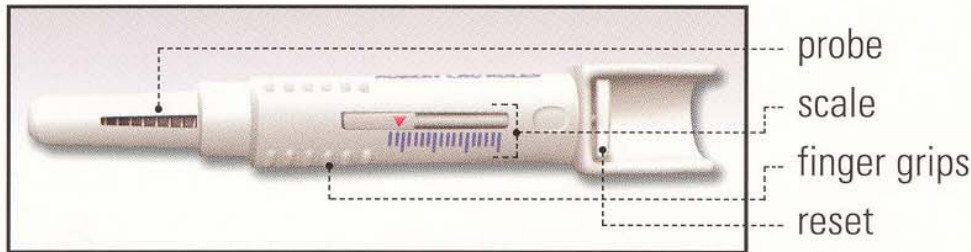


Figure 1

Follow these simple steps for accuracy with PROVIEW™

When measuring your left eye:

1. Pick up the PROVIEW device with your right hand and hold it between your index finger and thumb at the fingertips.
2. Keep your head straight.
3. Look down and to your left elbow. Move your eyes, not your head. Keep your left eye partially open, making sure you can see your left elbow.
4. Do not squeeze your eyelid closed while using the PROVIEW device.
5. Gently press the PROVIEW probe against the top of your left



Figure 2

eyelid, as demonstrated in Figure 2. The probe should remain just below the edge of the eyebrow at the top of the nose. The PROVIEW probe should never be pressed against your uncovered eye; pressure is always applied through the eyelid.

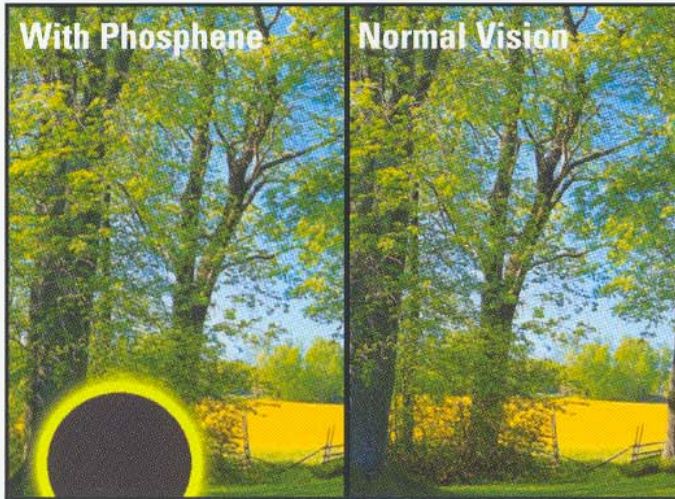


Figure 3 — View from left eye.

6. Slowly increase the pressure until you see a phosphene, which is a dark spot with a ring of light around it. (See Figure 3.) The phosphene appears over your left shoulder or opposite to where you apply the pressure. Sometimes, you may

not see the entire circle. If you do not see a phosphene, remove the PROVIEW device, reset it by pushing the reset button, and try again. **TIP:** It may be helpful to practice detecting a phosphene before you actually try to take a measurement with the PROVIEW device. Start by pressing your pointer finger gently against your eyelid in the position previously described and continue applying pressure until you can detect a phosphene.

7. As soon as you detect a phosphene, immediately remove the PROVIEW device from your eyelid and read the measurement on the scale. (Scale intervals are 2 mm apart.) If you are having trouble reading the scale, please use the enclosed Bausch & Lomb magnifier for your convenience.

EXAMPLE: Date	Measurement	IOP Measurement		Medication
		Right Eye	Left Eye	
Aug. 13				
Morning				
Afternoon	8:00 am	22 mm Hg	20 mm Hg	
Evening	2:00 pm	24 mm Hg	25 mm Hg	OptiPranolol
	8:00 pm	20 mm Hg	21 mm Hg	
				OptiPranolol
Morning				
Afternoon		mm Hg	mm Hg	
Evening		mm Hg	mm Hg	

Figure 4

- 8.** Record your measurement in your PROVIEW Patient Log Book. (See Figure 4.) Be sure to note the time and date on which you take the reading, as well as any other information your doctor has requested, including the type of eye medication you are taking and the time you last took your eye medication.
- 9.** Reset the PROVIEW device by pushing the reset button before you take your next measurement.

When measuring your right eye:

- 1.** Pick up the PROVIEW device with your left hand and hold it between your index finger and thumb at the fingertips.
- 2.** Keep your head straight.
- 3.** Look down and to your right elbow. Move your eyes, not your head. Keep your right eye partially open, making sure you can see your right elbow.
- 4.** Do not squeeze your eyelid closed while using the PROVIEW device.
- 5.** Gently press the PROVIEW probe against the top of your right eyelid, as demonstrated in Figure 2. The probe should remain just below the edge of the eyebrow at the top of the nose. The PROVIEW probe should never be pressed against your uncovered eye; pressure is always applied through the eyelid.
- 6.** Slowly increase the pressure until you see a phosphene, which is a dark spot with a ring of light around it. (See Figure 3.) The phosphene appears over your right shoulder or opposite to where you apply the pressure. Sometimes, you may not see the entire circle. If you do not see a phosphene, remove the PROVIEW device, reset it by pushing the reset button, and try again.
- 7.** As soon as you detect a phosphene, immediately remove the PROVIEW device from your eyelid and read the measurement on the scale. (Scale intervals are 2 mm apart.) If you are having trouble reading the scale, please use the enclosed Bausch & Lomb magnifier for your convenience.